

# TestClear® Privacy Belt Instruction Guide

The Privacy Belt is designed for discreetly storing and maintaining the temperature of powdered urine.

**Step 1: Master the Components:** Before proceeding, it's crucial to familiarize yourself with the following parts of the belt:

1. **Urine Pouch (Bladder):** A sealed, sterile bag that holds the urine and is equipped with a **temperature strip** for monitoring.
2. **Powdered Urine Kit:** Includes powdered urine in a vial.
3. **Heating Pads:** Two heating pads are included. **Only one is needed** to warm the urine; the extra is provided as a spare for a practicing
4. **Wrap with Adhesive:** Affixes the heating pad securely to the urine pouch (bladder).
5. **Syringe:** Used to transfer the urine mixture into the bladder.
6. **Tube with Valve:** Used to dispense the urine.
7. **Adjustable Strap:** Secures the belt around your waist.

**Practice Run (with Water) - Practice First (Strongly Recommended)**  **We strongly advise practicing with water before using the powdered urine to build confidence.**

1. Fill a cup with 60 ml of room-temp water
2. Use the syringe to draw water
3. Inject water into the bladder and cap it tightly
4. Attach heating pad with wrap
5. Wear belt and monitor temperature (90°F–100°F)
6. Practice using the valve for dispensing

## **Step 2: Preparing the Urine**

1. **Mix the Powdered Urine:**
  - Take a clean cup and add **60 ml of room-temperature water**.
  - Open the vial and pour the powdered urine into the water.
  - Stir the mixture thoroughly until the powder is fully dissolved.
2. **Fill the Syringe:**
  - Use the provided syringe to draw the prepared urine mixture from the cup.
  - Ensure the syringe is filled with the entire amount of the mixed urine.
3. **Transfer to the Bladder:**
  - Locate the bladder tube on the urine pouch and remove its cap.
  - Insert the syringe into the bladder tube and slowly inject the mixture into the pouch.
  - Once the bladder is filled, securely reattach the cap to the bladder tube to prevent leaks.

## **Step 3: Attaching the Heater**

1. **Activate the Heating Pad:**
  - Open **one heating pad** (leave the second as a backup) and expose it to air. Most pads heat up automatically within minutes.
  - Ensure it reaches a temperature between **90°F and 100°F** (32°C - 37°C), as this closely mimics human body temperature. Maintaining the correct temperature is crucial as it ensures the urine is not too hot or too cold, which could raise suspicion during the test.
2. **Use the Wrap with Adhesive:**
  - Locate the **wrap** included with the Privacy Belt.
  - Peel off the adhesive backing on one side of the wrap.
  - Place the heating pad onto the adhesive side of the wrap.
  - Affix the wrap with the heater directly onto the urine pouch (bladder), ensuring it is centered for even heat distribution.
  - Press firmly to secure the heater to the bladder.

### 3. Timing the Heating:

- If you start with **room-temperature water**, begin the process **90 minutes before the experiment** to ensure the urine reaches the optimal temperature.
- Allow the heating pad to warm the urine for **about 60 minutes after attachment**.
- **Speeding Up the Process:**
  - If time is limited, you can reduce heating time by using slightly warmer water when mixing the powdered urine (not exceeding 100°F to prevent overheating).
  - Alternatively, you can **briefly microwave the water** before mixing the powdered urine. Ensure the final mixture does not exceed 100°F before transferring it to the bladder.

### 4. Check the Temperature Strip:

- The bladder has a **temperature strip** on its surface for accurate monitoring.
- Periodically check the strip to ensure the urine temperature is within the ideal range of **90°F to 100°F**.
- If the temperature is too low, ensure the heating pad is attached correctly and given enough time to warm.

## Step 4: Securing the Belt

### 1. Wear the Belt:

- Wrap the Privacy Belt around your waist or hips, depending on the desired position.
- Ensure the urine pouch sits flush against your body to retain heat effectively.
- Adjust the strap to ensure a snug and discreet fit.

### 2. Conceal the Belt:

- Wear clothing that hides the belt, such as loose-fitting pants or skirts.

## Step 5: Heating and Temperature Monitoring

### 1. Wait for Optimal Temperature:

- Allow the heating pad to warm the urine for about **60 minutes after attachment**
- Use the **temperature strip** on the bladder to verify the urine is within the ideal range of **90°F to 100°F** before use.

### 2. Maintain Body Heat:

- Keep the belt close to your body to help maintain the urine's temperature, especially in cold environments.

## Step 6: Dispensing the Urine

### 1. Position Yourself:

- Move to a private or semi-private space where dispensing is needed.
- Ensure the tube is positioned correctly for discreet use.

### 2. Open the Valve:

- Locate the tube with the valve.
- Open the valve to release the urine. Use gentle pressure, if required, to control the flow.

### 3. Close the Valve:

- Once dispensed, securely close the valve to prevent leaks.

## Step 7: After Use

### 1. Clean the Pouch:

- Rinse the urine pouch thoroughly with warm water and mild soap.
- Allow it to air dry completely before storage.

### 2. Store Safely:

- Store the Privacy Belt and any accessories in a cool, dry place.
- Replace heating pads, wraps, and pouches as needed.

**Tips: Practice:** Get to know the belt's setup before use. **Be Discreet:** Wear suitable clothing to keep the belt hidden. **Check Temperature:** Use the **strip** on the bladder to maintain the urine's correct temperature.